

# 21 DAYS OF PRAYER & FASTING

**Day 1: Read Psalm 139, Ephesians 2.** May the Lord show you who you are in Him. You are ORIGINAL – fearfully and wonderfully made! Thank Him for forming you in your mother’s womb. Spend the day PRAISING! **Meditate on and speak forth 1 Thes. 5:16-24.** Decree that your whole spirit, soul, and body will be sanctified!

**Day 2: Sing or praise with Psalm 23.** Agree with God for the restoration of your soul. SOUL is linked with “breathing.” Soul refers to the entire inner nature and personality of a person. **Read Deut. 26:16-19.** Declare that you will be set on high in a new place with a seal called “SPECIAL.” Decree life and life abundantly. **Read and underline Mt. 6:25, Luke 12:22, John 10:10.**

**Day 3: Ask the Lord to make your heart PURE!** Declare that the seat of your feelings, desires, affections, and aversions will come under the alignment of the Holy Spirit. **Read the Beatitudes-Mt. 5:1-12.** Ask the Lord to send help or aid to your soul so you can attain your highest end. Declare your “end” will be greater than your beginning. **Read Hag. 2.** Ask the Lord for your soul to begin to prosper in a new way. **Read 3 John 2; James 1:21; 1 Peter 1:9.** Now ask the Lord to make you “see.” **The pure in heart SEE HIM (Mt. 5:8).**

**Day 4: Memorize Prov. 18:14.** Ask the Lord to deal with any way the spirit of the world has vexed or influenced your spirit. Thank God that you are a spiritual being and that you will live eternally with Him. If you do not have this assurance, stop, and ask the Lord to remove any doubt from you. Receive a cleansing through His blood. **Read Heb. 9.** Ask the Lord to cleanse your conscience and restore it to full working authority. Ask the Lord to renew your communion with Him. **Take communion with Him.** Your spirit is that part of you related to worship and divine communion. **Read and underline 1 Cor. 16:18; Job 32:18; Ps. 51:10; Mt. 11:29; 2 Cor. 7:1; 1 Peter 2:11; Ps. 77:6; 1 Peter 1:8-9; Is. 26:9; Rom. 8:10; Eph. 4:4; and James 2:26.**

**Day 5:** The **BODY** is the lowest part of man’s triune being where the soul and spirit reside. Honor the Holy Spirit who has chosen to dwell within you. **Read 1 Cor. 6:19-20; 2 Peter 1:13-14.** Thank Him that your Body is His. **Read Rom. 6:13,19. Yield your members one by one unto God as instruments of righteousness rather than unto iniquity.** If you have a part of your body that is not working properly, ask the Lord to heal and cleanse that portion. Include any organs that you know have been affected by sin. **Read Romans 7** and declare that the “pull” of the old is eradicated.

# 21 DAYS OF **PRAYER** & FASTING

**Day 6: Read Isaiah 58:5-12.** Let God choose a fast for this day. Declare a cutting off and a springing forth. Declare healings will begin to break through. Ask the Lord for His glory to set a guard behind you. Ask the Lord to adjust any details in anything you have accomplished throughout the year. Ask the Lord to give you wisdom over how to rectify any problems so you can move forward speedily. **Read Rom. 8.** Thank Him that you have been adopted by Him and that His blood is flowing through you to restore you!

**Day 7: Read Isaiah 52:1-6.** This is a call to awaken to the fullness of your redemptive plan. Loose yourself from any captivity. Find your abiding place and be seated. Do not dwell on your past defeats and sins. Put on a new garment of victory.

**Day 8: Read Matthew 12.** Concentrate on verses 43-45. Ask God to fill you with His glorious Spirit so that you will secure any victory. Declare that you will plunder the enemy's camp and have a seven-fold restoration. Agree with God that once you are delivered of one thing, your deliverance is secured, and no other forces can overtake you. **Read Mark 4.** Declare your seed will prosper. Shout: "*I am not turning back!*" Ask the Lord for your next measure of faith.

**Day 9: Read Psalms 39, 66 and 80.** He has measured your days. Therefore, you never want to allow the enemy to rob you of your fullness. Declare all wasted time will be reversed. Thank Him for the testing you are going through. Even though you are being stretched, you will become enlarged. Stir up your strength and cry, "Restore!"

**Day 10: Read Isaiah 40.** Allow the Lord to comfort you over past mistakes and losses. Break out of your present warfare and begin to pioneer your way into your next measure. Ask for your second wind or a new breath from the Lord. Notice the power of God's omnipotence as He compares His excellent knowledge to the nations of the earth.

**Day 11: Read Ezekiel 47.** Notice the river rises, and everywhere the river goes healing comes forth. However, we must ask the Lord to take us deeper than where we are presently standing. Let Him increase the measure of the river in your life.

# 21 DAYS OF **PRAYER** & FASTING

**Day 12: Read Zechariah 2-4.** Ask God to extend a new measuring line over your life so that a new measure of joy can be released. Ask Him to open your eyes to angelic activity around you. Know that every mountain can move through a new measure of His Spirit.

**Day 13: Read Luke 6 and Romans 12.** Notice how Jesus taught us how to love and give. This becomes our road to the miraculous. Ask the Lord to start paving that road in a new way for you. Ask Him for His transforming, renewing power to overtake your mind. Ask God to motivate you in a new way so your faith can operate in a new measure. Faith works by love. We prophesy according to our faith. Prophesying your vision will cause you to break through.

**Day 14: Read 2 Corinthians 10 and Ephesians 4.** Ask the Lord to give you understanding of the warfare that is around you. Review your apostolic connections and the spheres of authority that you are aligned with.

**Day 15: Read Mark 6, 7 and 10.** Things are changing very rapidly. Do not let rejection keep you from moving forward into the plan that God has for you. We are entering into a time of changing leadership. Therefore, the Lord is creating a new measure of faith and demonstration in those who will be advancing His Kingdom purposes. He is cultivating a climate of faith for healing and miracles. We must develop a mindset that says, "With God all things are possible!" As we find our new place of service, by faith He will suddenly manifest many changes.

**Day 16: Read Acts 16 and Acts 22.** Listen carefully for your Macedonian call. God is shaking things all around us so that we can move forward. If you feel like you are stymied, ask God to send a shaking, and watch the earth begin to move. Watch all the chains begin to break, and blocked entrances begin to open.

**Day 17: Read Luke 18, Matthew 19, I John 1 and 2.** Look at every narrow place in your life and decree that you will be anointed to squeeze through into your new enlarged place.

# 21 DAYS OF **PRAYER** & FASTING

**Day 18: Read Numbers 13, 14, 16, 17 & 20.** Do not allow unbelief and fear to prevail in your vision. Ask the Lord to allow you to see in a new way. Do not allow jealousy, rebellion, and accusation to blind you so that you become like the camp at Korah – the earth opened and swallowed the people, and God sent a plague. Ask the Lord to remove these deadly spirits from the Body of Christ. We must always be careful in our attitude and actions toward leadership and though we may disagree with them, we should do so in an appropriate way. Recognize and deal with all cycles involving broken relationships with leaders. In the Wilderness of Zin, the people complained against Moses and Aaron because there was no water but rather than following God’s instruction to speak to the rock, Moses got angry and struck it. This was the only instance after leaving Sinai where God did not judge the people for their complaining but instead judged Moses so that he could not enter the Land. Ask the Lord to break old cycles of anger that have held you captive and kept you from crossing over into the fullness of His plan. Moses’ spirit became vexed, keeping him from revealing God’s pattern from heaven. Ask the Lord to stop you from reacting wrongly. Do not allow the following question to be yours: “*Why have you brought us out of Egypt to die in the wilderness?*” **This slandered their future!** Declare that you will have a “different” spirit like Joshua and Caleb.

**Day 19: Read Numbers 22-25, & 31.** Watch for curses from *outside* the camp: Balak hires Balaam to curse Israel but is unsuccessful. Watch for idolatry and immorality from *within* the camp: *Beware of seducing spirits.* When Balak was not successful in placing a curse against Israel, he tempted them with idolatry and immorality. This was a new test. They failed, and God sent a plague. Ask the Lord to deliver you from seducing spirits. God ordered Israel to wipe out those who had seduced them and caused them to agree with idolatry and immorality. Israel fought and won but did not execute the full vengeance God had commanded. They took for themselves spoil and plunder which the Lord said was to be destroyed, but Moses made them execute the full vengeance of God. Partial victory is not enough this season. This is a time to understand the phrase “utterly destroy.” There are certain things that the Lord is refusing to allow to go into our next phase. Choose to let go of all that the Lord is requiring you to leave behind.

# 21 DAYS OF **PRAYER** & FASTING

**Day 20: Read Hebrews 4 and 12.** Don't live in the past; this leads only to regret and bitterness. If you have repented, God's grace will cover past sins and failings. Allow your past to be pruned away and instead of being a bitter drink offering, you will become a sweet drink offering to the Lord. **Meditate on Hosea 2:14-23.** Unlock your door of hope. Know that there is hope in your valley of Achor. Ask God to open that new door of hope. Ask the Lord for mercy. Renew your covenant with Him. Feel heaven and earth coming into agreement and new wine and oil flowing over you.

**Day 21: Read Psalm 4, Psalm 16, and Psalm 110.** Allow the Lord to set you apart for the future. Let new joy and gladness arise. Declare you will sleep in peace and feel safe in the presence of God. Ask Him to secure your night and break open your morning with fresh insight. Don't fear the separating power that He is bringing upon your life. The song of glory in you may have been blocked, but there is a wind of release. Your blood may have been moving slowly but now it is singing a song of deliverance. Your blood and glory are awakening and will sing a new song. Tell your flesh to rest in hope because your blood is waking up to His will. His Word is filled with fire and is burning out the passivity that has resisted His movement in you. Through Him, you will win the war over your flesh and awaken the glory in your blood.